

CANTERBURY WOODS SWIM AND TENNIS CLUB
5101 Southampton Dr
Annandale, VA 22003

OPERATING RULES AND REGULATIONS
2017 SWIM SEASON

The following rules and regulations have been established for the benefit and protection of all users of the Canterbury Woods Swim and Tennis Club to assure safe, sanitary and equitable use of the pool and to provide enjoyable recreation for all members and their guests. **Members are requested to cooperate in observing these rules and to obey the instructions of the pool manager, lifeguards, and other attendants. Parents are requested to familiarize themselves with these rules and discuss them with their children. Failure to comply with these rules may result in suspension of privileges.** All family members and guests of bond holders or summer memberships are subject to these rules while using the Canterbury Woods Swim and Tennis Club facilities. These Operating Rules and Regulations are available at the guard's office and on the website at www.cwpool.org.

POOL OPERATING HOURS

<u>School in Session</u>		<u>Summer Hours</u>	
Mon - Fri	1:30 - 8:00 p.m.	Mon - Sat	11:30 a.m. - 9:00 p.m.
Saturday	11:30 a.m. - 9:00 p.m.	Sunday	12 Noon - 9:00 p.m.
Sunday	12 Noon - 8:00 p.m.		

ADMISSION RULES:

1. Admission to the club shall be granted by the lifeguard staff after verifying the member's good standing against the membership list.
2. One member of the lifeguard staff will be situated at the pool entrance door at all times to perform membership verification.
3. Guests are permitted to the pool only when accompanied by a member and a visitor pass is used. Should no visitor passes remain, a guest fee of \$5 per person will be collected by the guard.
4. A daily attendance list will be maintained in the guard office detailing member name, number of family members, guests if any, and the member's bond number. This daily attendance list will be collected by the Membership Chairman for Board use.
5. Any questions about membership and guest policies should be referred to the Membership Chairman.

SWIMMING RULES:

Enforcement of Pool Rules:

1. The pool manager and lifeguards are responsible for the safe and orderly operations of the pool. The manager and lifeguards have complete authority to discipline and/or eject any member, dependent, or guest from the pool property. They may impose a penalty period before the ejected party can return, which cannot exceed twenty-four hours per infraction. Whenever lifeguards eject someone from the pool, a detailed written record of the incident will be forwarded to the President of the Club who will contact the member's parent (in the case of a minor) or the actual member of record to discuss the incident. Pool Board members also have the authority to discipline and eject persons from the pool.
2. Serious or repeated infractions of the regulations will be reported to the Board of Directors for investigation and appropriate action which may include imposing a longer suspension time than 24 hours.
3. Comments or complaints about the operation of the pool should be referred to the President or Operations Director. A current Board of Directors roster is available at the guard's office as well as on the website at www.cwscpool.org.
4. A suggestion box will be maintained on the pool property and there will be a feedback link on the home page of the pool website to provide written comments to the Pool Board. The Operations Director will routinely empty the comment box. The Pool Board will review the comments and provide feedback when appropriate.

Lap Lane Rules:

1. Any adult may request the on-duty lifeguard manager to install a lane line for lap swimming any time on a weekday, except holidays.
2. The on-duty lifeguard manager will ensure that a lane line is installed to create a lap lane for adults each day by 4PM. A second lane line will be installed whenever there are more than three adults using the lap lane at one time. These marked lanes will be exclusively for the use of adults (18 years and older). Other persons and/or groups may use them only if they are not being used by adults and with the expressed permission of the on-duty lifeguard manager.
3. While school is in session, the Swim Team will hold practice from 5PM to 7PM and will use five lanes for swim team practice. During this time one lane will be available for adult lap swimming. The Swim Team may use the designated adult lap lane if no adult is using this lane. Adults wishing to use an adult swim lane shall request a lane from the Swim Team coach. The Swim Team coach shall clear a lane and provide it for use of any adult when requested. The lane provided for Adult Lap swim may be a lane in the middle of the pool so that the lanes nearest the wall can be utilized for the safety and security of young swim team swimmers.
4. A lap lane will be kept open for adult lap swimming during all parties.
5. A lap lane will not be maintained during raft nights and the line separating the deep end and

the normal lap lane may be removed (as long as the diving board and deep-end slide are closed). “Raft Nights” are normally held on Thursday evenings.

HEALTH:

The following HEALTH rules are mandated by Fairfax County regulation:

1. All persons using the pool must take a soap shower before entering the pool.
 2. Admission shall be refused to all persons having any infections, diseases, sore or inflamed eye, nasal, or ear discharges, or any communicable disease of any kind. Persons with excessive sunburn, open sores, or bandages of any kind will not be permitted entry into the pool.
 3. Spitting water is not permitted in the pool or on the property of the Canterbury Woods Swim and Tennis Club. Chewing gum is not allowed in the pool area (i.e., any area inside the tall fence).
 4. Small children will not be permitted in the pool area in diapers unless also wearing watertight protective pants. Disposable diapers must be covered with snug-fitting water-tight pants.
 5. **Consuming Food and Beverages. Consumption of food on the main deck surrounding the main and wading pool is prohibited.** Beverages with the exception of those in unbreakable containers, is likewise prohibited on the main and wading pool deck. Food may be consumed on the deck under the pavilion roof or on the grass area. Trash and refuse are not permitted inside the pool enclosure except in trash cans, lined with a garbage can liner, and fitted with a trash can lid.
- 5 (a.) SMOKING.** Smoking of any tobacco products (cigarette, pipe, and cigar) is prohibited is prohibited anywhere on the concrete deck of the main pool, wading pool, or in the pavilion. Smoking is allowed on the grassy area. Smokers are responsible for proper disposal of cigarette/cigar butts and ashes.
6. **Use of the tables in pavilion area. The tables in the pavilion are reserved for the use of members consuming food and beverages.** The tables and chairs under the pavilion are specifically not to be used as a place to drop swim bags, towels, and clothing while swimming. Deck chairs on the main deck and wading pool are provided for swim bags, towels, and clothing.
 7. **Glass containers of any kind are prohibited anywhere on the pool grounds.**

SAFETY:

Safety rules will be enforced by Lifeguards without exception. Failure to comply with the following rules may result in suspension of privileges and/or the member being assessed damages for any repairs incurred:

1. Running, pushing, wrestling, playing sports, or causing undue disturbance on the deck or in the pool is PROHIBITED! Playing volleyball, soccer, and lacrosse is specifically prohibited. The use of skate boards, skates (including sneakers with skate type rollers in the sole of the shoe), and any other wheeled vehicles with the exception of infant strollers and wheelchairs are

prohibited on the pool deck and pavilion area.

2. The consumption of alcoholic beverages anywhere on the property of the Canterbury Woods Swim and Tennis Club is strictly prohibited except at board sanctioned events.

3. Strollers and carriages will be permitted only in the baby pool enclosure. Wheelchairs are permitted in the main pool enclosure area to allow handicapped persons access to the pool. At no time should any person be left unattended in a wheelchair, stroller or baby carriage when on pool property.

4. Children under the age of nine will be admitted to the pool area only if accompanied by a responsible person aged sixteen or older.

5. Children between the age of nine and eleven inclusive will be admitted without an accompanying adult as long as they have a valid membership. Children between nine and eleven must also demonstrate their ability to pass a basic swim test administered by a member of the lifeguard team managing the pool. The lifeguard staff will maintain a list of children who have passed this test. Children over the age of eleven will be admitted without supervision.

6. **Flotation Devices/Swimming Aids/ Rafts:** Children directly supervised by a responsible adult may use arm, vest, or ring flotation devices. At no time may a child who is unattended enter the pool wearing such devices. Nor may such devices be used on the diving boards or in the diving well area. Rafts, boogie boards and large tubes (i.e., car or truck tire inner tubes) are not permitted in the pool area during open swim times.

6. (a.) **Raft Night Exception:** During designated “Raft Nights” small inflatable rafts, flotation devices and inner tubes will be permitted based on the on-duty lifeguard manager’s approval. The on-duty lifeguard manager may allow specific flotation devices such as portable blow-up rafts and inner-tubes for recreational use. Personal flotation devices and swimming aides for swimmer safety are not allowed during raft night.

7. The on-duty lifeguard manager may allow the use of sporting equipment in the main pool based on assessment of safety for the individual user as well as other swimmers using the pool. Safe water toys are permitted in the wading pool subject to the approval of the on-duty lifeguard manager.

8. **Unsafe Devices:** If at any time the on-duty lifeguard manager determines that any toys, flotation device or raft is dangerous to the individual using it or to other members, or if the device is of such size that it obscures the lifeguards’ view of the pool, the on-duty lifeguard manager may direct that the device be removed from the pool enclosure.

9. **Diving Board and Water Slides:** Only one person may be on the ladder or diving board at a time. Diving is permitted straight away from the diving board ONLY. No diving or jumping towards the sides will be permitted. Only one bounce on the board is permitted per dive. Only feet first slides are permitted on the water slides.

10. Children under the age of six will be permitted in the wading pool only when supervised by a responsible individual.

11. The pool may be closed during normal operating hours at any time due to breakdown, operational difficulties, safety or health concerns, or inclement weather at the discretion of the on-duty lifeguard manager. The on-duty lifeguard manager will inform the pool board whenever a decision is made to close the pool during normal operating hours. This does not relieve the on-duty lifeguard manager from also notifying the pool management company chain of command. Nor does notifying the pool management company chain of command relieve either the lifeguard or the pool management company from notifying the pool board.

12. Rest periods for children under the age of sixteen (16) will be enforced for ten minutes each hour. During “break time,” children must remove themselves completely from the pool. Sitting on the side of the pool or on the steps is not allowed.

GROUNDS AND FACILITIES:

Failure to comply with the following rules may result in suspension of privileges and/or the member being assessed damages for any repairs incurred:

1. Operation of Vehicles: All vehicles motorized or not, will be operated in a safe and orderly manner on Canterbury Woods Swim and Tennis Club property.
2. Parking: The use of street parking on Southampton and Blackpool Drive or parking in the cul-de-sac of English Drive is inconsiderate of neighboring property owners. Member and guests should routinely park in the parking lot provided by the Canterbury Woods Swim and Tennis Club.
3. Bicycles: All bicycles will be left by their owners outside of the fenced in pool area.
4. Vandalism and/or Malicious Mischief: All members and their guests are expected to use the Club’s facilities and equipment in a proper manner and during published hours of availability.

TENNIS COURT RULES

1. Courts are for the use of members and their guests when accompanied by a member. A member and their guests may use one court.
2. Members are responsible for locking tennis court gates after use.
3. Only sneakers or tennis shoes may be worn on the tennis courts.
4. Tennis courts are to be used for tennis only. No bicycles, skates, skateboards, in-line skates, hockey or other activities are permitted.
5. When members are waiting for a court, play time shall be limited to 1 hour for single matches and 1½ hours for doubles matches.
6. Classes and scheduled events take priority over individual play.
7. Private instructions or classes are not allowed without permission of the Pool Board. The Pool Board may approve a professional organization or individual to provide group or private tennis lessons. The timing for any such events will be agreed in advance by the Pool Board.
8. Sitting, pushing, or pulling on tennis nets is prohibited.
9. Climbing on, hitting, or kicking balls into, or running into fences is prohibited.